



TRACK ACADEMY NEWSLETTER

Athlete of the month

July's Athlete of the month

is Syan. "Over the past few months she's shown real dedication to training. She is always punctual and often brings a bright positive attitude to the track. She has been willing to try new physical activities, some of which she found challenging initially.

She's always a joy to coach and we look forward to seeing how she continues to progress" - Coach Tayla

CHTA18



On Tuesday 24th July we held our 3rd invitational at Willesden Sports Centre with 112 participants and hundreds of spectators from far and wide. Track Academy alumni student athletes attended and helped throughout the event. The Mayor of Brent once again attended and we are grateful to Brent's mayoral office for their continued support.



Brent born Olympian, Michelle Griffith-Robinson came back to her old stomping ground to cheer on and inspire the athletes. Finally, former World, Commonwealth and Olympic Champion, Christine Ohuruogu, MBE was our guest of honour on the night and her support of our event as well as her enthusiasm was greatly appreciated.

Thank you to all who attended and made the event a great success!

Education and Mentoring Update

Track Academy has introduced a programme of Group Micro-mentoring this Summer. It has been great for supporting the coaches to deliver athletics training whilst mentors build rapport and get to know the athletes. These interactions encourage positive behaviour, build profiles of the individuals and refer student athletes to our complimentary programmes such as Saturday Study Support and Macro-mentoring (one-to-one mentoring). Meet the newest members of the Track Academy mentoring team below:



Music graduate Halima (left) joined us this summer and her youth leadership background has helped her to become a strong member of the mentoring team who has already established great rapport with our student athletes.

Marcus' (right) enthusiasm for mentoring has been a great injection of energy into the mentoring team. His previous experience of youth work, gives him a huge understanding of the potential impact that individuals can have on the lives of young people.





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Track Academy Good News Stories

This is a good news story but we are still sad to see our placement student Zoe Robson leave the Track Academy team to start a new career as a teacher. During her placement she coordinated our highly successful Multi-Skills Programme building it from nothing to an oversubscribed service.



Her placement at Track Academy won her the Best Placement Student Award for Sport and Exercise Science which she was presented with at Brunel's graduation ceremony. She has had a great impact on Track Academy leaving a solid platform for our new placement student to spring from this year. Good luck and best wishes from everyone at Track Academy.

We welcomed Track Academy Alum, Venus to the Track Academy team this month. She will be taking over the delivery of our Multi-Skills programme and coordinating events on a placement with her university for the next year.



(seen pictured with her Mother and Connie Henry celebrating her birthday at CHTAI18)

Finally, we would like to highlight Track Academy Alum, Sherique who has secured a scholarship to study sports science at university this autumn. She has worked very hard for the last 2 years to never let anything take her off her path of attending university and we are very confident that the resilience she has shown during this journey will power her through to personal success.



Congratulations to Track Academy Alum, James who has just graduated from the University of Nottingham and will be starting his new career as a physiotherapist this autumn in a NW London hospital.

We are so proud of you and wish you all the best.

Supplementary School Summer Programme

Our supplementary school (picture left) is running this Summer alongside our regular holiday programme for the first time ever. The summer school will focus on sparking the intellectual curiosity of our student athletes, teaching fun, new ways to analyse English Literature and clever ways to remember maths formula. Don't miss your chance to get ahead of the pack in preparation for school this summer! We will have actors and actresses, doctors, legal scholars and many more here to have fun and answer some of your maths and English questions.

